



# FAMILY ACTIVITY CHALLENGE

**NAMES:** \_\_\_\_\_

**Directions:** Challenge a family member to a fun and active game of Tic-Tac-Toe. Whoever completes three physical activities in a row wins.

Go for a bike ride	Play a game of tag	Dance to your favorite songs
Shoot some hoops	Go for an afternoon walk	Play catch
Jump rope	Help with house chores	Play Simon Says

